

## What people are saying about The Care Navigator:

“In my opinion it is evident that this is ‘not just a job’ for Pamela. I am confident that Pamela has what it takes to be an ambassador for this sector in the health care industry.” MA

“I hired Pamela to be the health care manager for my sister who was in five different nursing homes. Pamela spoke with doctors and attended appointments. On more than one occasion my sister needed to go to the emergency room. Pamela went to the hospital, met with doctors and was in constant touch with me. I highly recommend Pamela’s services. She was very supportive to me during an extremely stressful time. She was a lifesaver!” EB

“After months of time-consuming, fruitless and frustrating searches for an appropriate residence for my parents I was referred to Pamela. She noted my siblings’ and my concerns, our parents recent health crises and both our parents’ inquiries and hesitations. She was honest in her evaluation. The very first residence on the list was exactly what I’d searched for and couldn’t find on my own. My parents were thrilled and even my mother, who had initially refused to move at all, asked “Where do I sign?” CW

“I wholeheartedly affirm that Pamela is one of the most capable, compassionate and organized professionals with a genuine stewardship that I have ever encountered.” RG

## Decisions about health care and daily life can be overwhelming.

### Advocacy, Planning, Assessments and Care Coordination

- We identify needs and assess situations
- We provide expert recommendations and options
- We coordinate care related to life, health and home
- We serve as your advocate
- We coordinate transitions from home to retirement or care communities

[www.TheCareNavigator.com](http://www.TheCareNavigator.com)

For more information call:

**720-726-3111**

The Care Navigator is a member of the National Guardianship Association and follows the standards of care of this organization for our clients. We serve as court appointed guardian, power of attorney, personal representative and care manager for our clients. Please contact us to learn more about how we can support you or your loved one.



# The Care Navigator

*Embracing life's transitions  
with dignity, clarity and stability®*

## Are You or a Loved One Facing Care or Caregiving Challenges?

The Care Navigator preserves dignity offering clarity and stability at a time when you need it most.

We reduce the overwhelm and help you make the right decisions about care, caregiving and life transitions.



**Are you an older adult overwhelmed by changes in lifestyle or health?**

**Not sure what to do?**

**Not sure what options are available?**

- Are you worried about hiring trusted care in your home?
- Are you having difficulty paying bills and managing your household?
- Do you realize you need a power of attorney but don't know who to trust?
- Are you living in a retirement community and you've been asked to leave?
- Have you had a hospital or nursing home stay and realize living alone is no longer practical?
- Is your health declining and you're not sure of your options?

The staff of The Care Navigator supports older adults considering transitions in life or health. Visit our website for a complete list of ways we can assist: [www.TheCareNavigator.com](http://www.TheCareNavigator.com) or call **303-810-1816** for information.



**Are you an adult child whose parents need more help than you can provide — but you're not sure how to have that conversation?**

- Do you live at a distance and prefer a local advocate to oversee care for your loved one?
- Is your schedule such that you're unable to manage the day to day care of your parents?
- Are you watching your parents decline, but feel helpless to change the situation?
- Is there disagreement in your family over the best course of action to provide care for your loved one?
- Are you overwhelmed by too much information and too many details? Are you concerned about making the right decisions?

The staff of The Care Navigator supports families with loved ones in transition by considering the needs of all involved, providing an assessment and making recommendations for consideration.



**The Care Navigator Serves as a Professional Fiduciary**

### **Guardianship**

For individuals who have no family, when family exists but feels unable to serve, or when family members prefer to have a professional act in the role of guardian, The Care Navigator is appointed by the court to serve in this role. Guardian is a higher level of responsibility than a medical durable power of attorney because a person with a guardian has a diagnosis of incapacity, meaning that he or she is unable to receive, evaluate, and to make appropriate decisions regarding health and well-being. As guardian, The Care Navigator is responsible for the total well-being of the person and the daily living situation. We follow the Standards of the National Guardianship Association.

### **Power of Attorney**

For individuals who have no family, when family exists but feels unable to serve, or when family members prefer to have a professional serve in the role of power of attorney, The Care Navigator serves as power of attorney. Relative to financial support, this means managing all money and property of the client including bill paying, completing annual income taxes and other related projects. Relative to medical this means being responsible for the health and well-being of the client including coordinating medical appointments and necessary care. In these capacities, The Care Navigator coordinates financial and medical services. The Care Navigator may also be responsible for assisting in identifying a care community, selling the client's home, and other aspects related to transitioning from home to a care community. 🏡