



The
Care Navigator
Solutions for life's unexpected changes™



THE CARE NAVIGATOR
TELEPHONE (303) 205-7877 or
303-810-1816
WEBSITE: www.TheCareNavigator.com

Who We Help

How We Help

Family Caregivers: spouses, adult children, extended family and friends AND Individuals with no family or those who prefer not to burden family with caregiving responsibilities

Professional Caregivers: staff of hospitals, nursing homes, home health care & caregiving companies, hospice, medical offices, attorneys, CPAs, realtors, funeral directors and others who serve a similar clientele

Unexpected situations: We identify needs and make recommendations relative to care crises resulting from hospitalizations nursing home stays, accidents at home and advancing memory loss.

Consultations, assessments, recommendations and planning both short and long term: We identify care needs, costs and options to facilitate family discussions about care and household management including situations where conflict exists.

Care transitions: We identify support to help individuals remain at home OR when a move is necessary we identify care communities able to provide an appropriate level of care.

Ongoing Care & Household Oversight: We raise standards of care for our clients by acting as an advocate to provide recommendations and care coordination. We bridge communication between professional and family caregivers reducing overwhelm and frustration experienced by many family caregivers. We help with tasks like household management and bill paying.

Legal Planning/Advocacy We serve as power of attorney both medical and/or financial, as personal representative of the estate or court appointed guardian.

We are NOT a "referral agency" meaning we do not accept or receive fees from any companies or services we recommend; we advocate for and represent the needs of our clients.



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The Care Navigator supports family caregivers, those needing care and professional caregivers by identifying needs, providing recommendations and coordinating care when health, cognition or physical ability has changed. We reduce the overwhelm, the work and the worry commonly experienced in care situations providing peace of mind.

Unexpected Situations

- ✚ Care planning for discharge from hospital or nursing home to home or another setting, care planning for crises situations or advancing memory loss
- ✚ Assessment of current situation and recommendations including needs, costs and options; facilitate family discussions regarding care
- ✚ Review of health information including collection of medical records to support a clear understanding of health diagnosis and prognosis
- ✚ Advocacy and care coordination for individuals living in private homes, independent living, assisted living, memory care and other communities

Ongoing Care & Household Oversight

- ✚ Coordination of a wide range of projects related to health, daily life and home management to support independence
- ✚ Coordination and monitoring of all aspects of care including attending physician appointments, coordinating hospice, home health care, caregivers etc. to ensure consistency of care and to support overall well being; communication with family caregivers
- ✚ Monthly bill paying and organization, coordination of income taxes and related projects
- ✚ Coordinate change of insurance during annual open enrollment periods and special situations, initiation of long term care insurance claims
- ✚ Recommendation and coordination of beneficial community services
- ✚ Home safety assessments including recommendation of related equipment; coordination with handyman services

Consultations, Assessments, Recommendations and Planning (Short and Long Term)

- ✚ Assessment of current situation and recommendations including needs, costs and options for both short and long term; facilitate discussions regarding care
- ✚ Execution of recommendations - we do as little or as much as our clients request
- ✚ Completion and submission of Medicaid applications

Legal Planning/Advocacy

- ✚ Power of attorney: financial and/or medical and all related and ongoing responsibilities
- ✚ Personal representative of the estate
- ✚ Court appointed guardian

Care Transitions - Precious Cargo

- ✚ Evaluation of preferred living situation resulting in community recommendations including independent, assisted, memory care, skilled nursing etc.
- ✚ Family meetings and discussions regarding care to support consensus